



Proactive measures we are taking as part of our reviewed COVID-19 Safety Plans

- Increased the disinfectant sessions of equipment and common surfaces each day. This includes before, during and after class blocks
- Ensuring employees and visitors remain at home if they develop any symptoms. This includes reviewed processes around management of illness with employees and visitors and navigating a suitable return after an illness
- Vigilance around personal hygiene and health practices. This includes participants, visitors, and employees practicing appropriate hand washing, and use of hand sanitisers regularly throughout time spent at the facility with setup designated sanitary stations
- Minimising unnecessary touching such as high fives, handshakes, or team-based training or drills
- Initiate the 'Get in, train, and leave' strategies to limit person to person contact. This includes 'drop and go' for children not requiring parental supervision (Recreation and levels programs), and encouraging limited numbers of adults and guardians in foyer areas
- Limiting one parent or guardian for Kinder Gym classes requiring participation
- Making amendments to lesson plans with vigilance in relation to social distancing
- Continuing to educate our people through updated and relevant correspondence and signage
- Compliance to electronic attendance and contact tracing with class rolls and visitations
- Ensure mandatory mask wearing where appropriate (to be confirmed, awaiting advice)
- Reviewed operating procedures including limitations to foyer seating, dedicated in centre traffic flow areas, and encouraging employees to minimise time in the facilities
- Employees will be inducted to reviewed processes and 'return to work' guides ensuring a consistent and safe approach lead by Rec Alley's dedicated Safety Manager and Safety Officer. We will remain agile with ongoing required changes or updates to safety plans
- Compliance to government requirements for entering a business premises including capacity monitoring, and checking entry requirements which may include proof of Service NSW Check In and vaccination certification (once confirmed)
- Resumption of sport will be under the guidance of the NSW Government and governing bodies. We will continue to monitor advice provided by Gymnastics NSW, Government Organisations and Public Health Units for detailed updates relevant to the sporting and wider community

COVID SAFETY GUIDE



What you can do to assist:

- Keep your child or others at home if they are unwell
- Refrain from attending the facility in the scenario you have been in close contact with a confirmed infected person
- Encourage and use the hygiene services made available such as washing hands thoroughly with soap and use of the hand sanitisers
- Educate your family to practise good cough etiquette: cover your coughs and sneezes with disposable tissues or clothing (e.g. into elbow), dispose of used tissues, and clean your hands thoroughly afterwards
- Parents who arrive early to class with their children should wait in their vehicle or enter the facility only a few minutes prior
- Leave the facility as soon as your child's class has finished or collect them at the entry/exit point

We kindly ask our Rec Alley families to reconsider cancelling their membership at the current time unless necessary. The Rec Alley management team is working proactively to ensure that our gymnasts, families, and coaches will continue to have a safe and vibrant gymnastics club well into the future.